

# THE ENGADIN – A VALLEY TO FALL FOR

**The Engadin is a paradise for sports enthusiasts and adventure seekers, a place of inspiration and tranquillity, a valley of pristine nature, a setting full of cultural treasures. Every visitor discovers a special place here to fall in love with.**

"Fascinating," "delightful," "magical." The contrasting alpine landscape of the Upper Engadin with its proud peaks, wide lakes and 12 villages sparks enthusiasm. At 1800 m above sea level, the Engadin offers the perfect place for athletes, families, life connoisseurs and nature lovers all year round.

## **In the cradle of winter tourism ...**

... possibilities abound: skiing, ice skating, cross-country skiing, winter hiking – and all of this with guaranteed snow at 1,800 meters above sea level. In addition to the three large ski areas on the slopes of Corviglia, Corvatsch and Diavolezza/Lagalb, several smaller ski regions also guarantee perfect winter sports days. Furthermore, the vastness of the Engadin offers ideal conditions for cross-country skiers including the famous 42 kilometers of the Engadin Skimarathon, the illuminated night trails and the easy Heart trails.

## **When the summer sun ...**

... spirits away the snow and thus unveils the endless network of trails, the time has come for runners, hikers and bikers. Top athletes use the Engadin for high-altitude training, trail runners leave asphalt and cobblestones far behind and bikers find their "flow" on the wide mountain slopes. The network of trails in the Engadin is said to cover 580 kilometers - maybe nobody knows for sure, but one thing is certain: every kilometer is a true nature experience in itself. With a little luck, even marmots, ibex or chamois can be observed.

## **Guests from all over the world ...**

... look for and find their way to the Engadin. Magical nature experiences as well as international events attract and inspire visitors. The Alpine Ski World Cup races, the Engadin Skimarathon, the Engadin Art Talks and the Origen Festival Cultural, to name a few, boast legendary reputations and create a colourful event schedule all year round.

## **Creativity, too, ...**

... thrives in the Engadin! In particular, the famous Engadin light that suffuses our high valley with its mysteriously golden glow has inspired world-famous artists and thinkers such as Giovanni Segantini, Hermann Hesse and Friedrich Nietzsche. Numerous museums and galleries in the 12 villages from Maloja to S-chanf reveal our many cultural treasures.

## **Just relax ...**

... and watch the world go by. People have known for 3400 years that the Engadin is a particularly therapeutic spot for relaxation as the mineral springs of St. Moritz were already known in the Bronze Age. Over the years, a wide range of wellness offers has grown out of this history and thus continues our rich bathing tradition.

Maloja  
Sils  
Silvaplana  
St. Moritz  
Pontresina  
Celerina  
Samedan  
Bever  
La Punt Chamues-ch  
Madulain  
Zuoz  
S-chanf

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### **From “hearty” to “gourmet” –**

... enjoying good food is a tradition in the Engadin. Thanks to the three language regions and the various cultural influences, one of the most exciting culinary landscapes in Switzerland developed in our alpine region. And it's not just the Michelin-starred cuisine that has acquired a legendary reputation beyond the country's borders: anyone who has ever indulged in local favorites such as capuns or pizzoccheri will rave about these delicacies for a long time to come.

### **It's worth the trip ...**

... especially since good times already begin on the journey to the Engadin for those who travel with the Rhaetian Railway on its winding tracks along the UNESCO World Heritage route. Another spectacular start to an Engadin holiday is the car drive over one of the Alpine passes that leads to our high valley. And of course, we also warmly welcome all high-flyers to Engadin Airport Samedan, the highest airport in Europe.